

CURRICULUM VITAE

EDWARD ANDREW SELBY

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ACADEMIC APPOINTMENTS

- 2011 - Present **Assistant Professor** – Tenure Track
Department of Psychology – Clinical Ph.D. Program
Director – Emotion and Psychopathology Lab
Rutgers, The State University of New Jersey
New Brunswick, NJ (Flagship Campus)
- 2013 - Present **Core Faculty**
Institute for Health, Healthcare Policy, and Aging Research
Rutgers, The State University of New Jersey
- 2011 – 2013 **Affiliated Faculty**
Institute for Health, Healthcare Policy, and Aging Research
Rutgers, The State University of New Jersey

LICENSURE

- 2013 – Present Licensed Psychologist, State of New York (NY#020331)

EDUCATION

- 2011 ***The Florida State University*** – Tallahassee, Florida
PhD – Doctor of Philosophy in Clinical Psychology
Pre-Doctoral Fellow, National Institute of Mental Health (NIMH)
- 2010-2011 ***Brown University - Warren Alpert Medical School*** – Providence, Rhode Island
Psychology Residency (APA Accredited)
- 2007 ***The Florida State University*** – Tallahassee, Florida
MS – Master of Science in Clinical Psychology
- 2005 ***University of Wyoming, with Honors*** – Laramie, Wyoming
BA – Bachelor of Arts in Psychology
BS – Bachelor of Science in Physiology and Neuroscience

HONORS AND AWARDS

- 2015 – Rising Star, *Association for Psychological Science*
- 2014-2016 – *National Institute of Mental Health* Student Loan Repayment Grant for Clinical Research - Continuation (L30)
- 2013 – *International Academy of Suicide Research (IASR)* Young Investigator Award
- 2012 – 2015 *Families for Borderline Personality Disorder Research Investigator*, Brain & Behavior Research Foundation
- 2012-2014 - *National Institute of Mental Health* Student Loan Repayment Grant for Clinical Research (L30)
- 2011 - *American Psychological Association (APA) Division 12 Distinguished Student Research Award*, Society of Clinical Psychology
- 2011 - *Jane West Research Award*, Department of Psychology, Florida State University
- 2010 - *Outstanding Research and Creativity Award*, Florida State University
- 2009 - *American Psychological Foundation/Congress of Graduate Departments of Psychology (APF-COGDOP) Graduate Research Scholarship*
- 2009 - *The Neil S. Jacobson Award for Outstanding and Innovative Clinical Research*, Association for Behavioral and Cognitive Therapies (ABCT)
- 2008- *Ruth L. Kirschstein National Research Service Award (NRSA)*, National Institutes of Health (NIH)
- 2008 - *Dissertation Research Fellowship*, Florida State University
- 2008 - *First Place Empirical Article Competition*, FSU Psychology Clinic
- 2006-2009 - *FSU Congress of Graduate Students* Conference Presentation Grants
- 2005 - *Graduate Research Fellowship*, National Science Foundation – Honorable Mention
- 2005 - Phi Beta Kappa
- 2005 - Phi Kappa Phi
- 2004 - *EPSCoR Research Fellowship*, National Science Foundation
- 2004 - *College of Arts and Sciences Independent Study Award*, University of Wyoming
- 2004 - *Paul Stock Travel Grant*, University of Wyoming
- 2004 - *Travel Award*, Department of Psychology, University of Wyoming
- 2001-2005 - *Presidential Scholarship*, University of Wyoming

EXTRAMURAL RESEARCH SUPPORT

Pending

Department of Defense and Military Suicide Research Consortium

Title: Pilot Randomized-Controlled Trial for a Social Support-Networking Intervention to Reduce Suicide-Related Outcomes Among Veterans

Role: Lead Principal Investigator (Co-PIs: Lindqvist & Interian)

Budget: \$2,135,313

Period: January 2, 2017-January 1, 2021

R21 HD091690-01

National Institute of Child Health and Human Development

Title: Ecological Investigation of Suicidal and Non-Suicidal Self-Injurious Behavior and Minority Stress Among Adult Sexual Minorities

Role: Principal Investigator

Budget: \$465,000

Period: April 1, 2017-March 31, 2019

R03 DA041556-01

National Institute on Drug Abuse

Title: Examining the Role of Appraisal and Physiology in Stress-Precipitated Smoking

Role: Co-Investigator (PI: Leyro)

Period: 04/01/16-05/13/17

Budget: \$116,906

1st Priority Score: 34

In Revision

National Institute on Drug Abuse 1 RO1 DA042107-01

Title: Optimizing Withdrawal Management During Smoking Cessation: A Factorial Experiment Evaluating Four Intervention Strategies

Role: Co-Investigator (PI: McCarthy)

Period: July 1, 2016 – June 30, 2020

1st Priority Score: Not Scored

Current

American Foundation for Suicide Prevention

Title: The Influences of Birth Cohorts on Suicide Rates in the United States

Role: Co-Investigator [PI: Julie Phillips]

Period: January 1, 2015-December 31, 2016

Total Costs: \$80,000

Completed

Brain and Behavior Foundation – NARSAD Young Investigator Grant

Title: Emotion Dysregulation and Psychophysiology in Borderline Personality Disorder and Bulimia Nervosa

Role: Principal Investigator

Period: January 15, 2013 – January 14, 2015 [No Cost Extension through January 14, 2016]

Direct Costs: \$60,000

1 F31 MH081396-01A2

National Institute of Mental Health (NIMH), National Research Service Award

Title: *Emotional and Behavioral Dysregulation in Borderline Personality Disorder*

Role: Principal Investigator [Sponsor: Thomas E. Joiner, Jr.]

Period: September 2008 – September 2010
Total Costs: \$72,392

Consulting

W81XWH-09-1-0737

Suicide Prevention and Counseling Research

Military Operational Medicine Research Program (MOMRP), Department of Defense

Title: *Optimizing Screening and Risk Assessment for Suicide Risk in the U.S. Military*

Role: Consultant [PI: Thomas E. Joiner, Jr.]

Period: July 2009-July 2011

Total Costs: \$753,160

INTRAMURAL RESEARCH SUPPORT

Completed

Charles and Johanna Busch Memorial Fund for Biomedical Research

Title: Mental and Physical (MAP) Training to Improve Cognitive Performance and Reduce Symptoms of Depression

Role: Principal Investigator (Co-PI: B. Alderman)

Period: 7/1/2013-5/1/2015

Total Costs: \$25,000

Rutgers University Faculty Research Grant Award #281707

Title: *Comfort Eating: What Works and What Doesn't*

Role: Principal Investigator

Period: 7/1/2012 – 12/31/13

Total Costs: \$47,190

PEER REVIEWED PUBLICATIONS AND CHAPTERS (N = 73)

h-index: 25; i10-index: 41 (3,166 citations, Google Scholar)

* indicates student under my supervision

In Press

Jungmann, S. M., Vollmer, N., **Selby, E. A.**, & Witthoft, M. (*in press*). Understanding dysregulated behaviors and compulsions: An extension of the emotional cascade model and the mediating role of intrusive thoughts. Frontiers in Psychology.

*Kranzler, A., *Fehling, K., Anestis, M., & **Selby, E. A.** (*in press*). Emotion dysregulation, internalizing symptoms, and self-injurious behavior: Structural equation modeling analysis. Death Studies.

2016

- Braithwaite, S., **Selby, E. A.**, & Fincham, F. (2016). Trait forgiveness and enduring vulnerabilities: Neuroticism and catastrophizing influence relationship satisfaction via less forgiveness. *Personality and Individual Differences*, *94*, 237-246.
- *Kranzler, A., Young, J., Hankin, B., & **Selby, E. A.** (2016). Emotional awareness: A transdiagnostic predictor of depression and anxiety for children and adolescents. *Journal of Clinical Child and Adolescent Psychology*, *45*, 262-269.
- Selby, E. A.** (2016). *Self-Injury in adolescents and adults*. In Western Schools Continuing Education Series. Boston, MA: Western Schools Publishing.
- Selby, E. A.**, *Fehling, K., *Panza, E., & *Kranzler, A. (2016). Rumination, mindfulness, and borderline personality disorder symptoms. *Mindfulness*, *7*, 228-235.
- Selby, E. A.**, *Kranzler, A., *Panza, E., & *Fehling, K. B. (2016). Bidirectional-compounding effects of rumination and negative emotion in predicting impulsive behavior: Implications for emotional cascades. *Journal of Personality*, *84*, 139-153
- Yen, S., Kuehn, K., Melvin, C., Weinstock, L. M., Andover, M., **Selby, E. A.**, Solomon, J., & Spirito, A. (2016). Predicting persistence of self-harm behavior in an adolescent inpatient sample. *Suicide and Life-Threatening Behavior*, *46*, 13-22.

2015

- Alderman, B. L., Olson, R. L., Bates, M. E., **Selby, E. A.**, Buckman, J. F., Brush, C. J., *Panza, E., *Kranzler, A., Eddie, D., & Shors, T. J. (2015). Rumination in major depressive disorder is associated with impaired neural activation during conflict monitoring. *Frontiers in Human Neuroscience*, *9*, 269.
- Anestis, M. D., Bryan, C. J., Kay, A. M., Law, K. C., Hagan, C. R., Bryan, A. O., Chu, C., Michaels, M. S., **Selby, E. A.**, Klonsky, E. D., & Joiner, T. E. (2015). Dangerous words? An experimental investigation of the impact of detailed reporting about suicide on subsequent attempt risk. *Journal of Clinical Psychology*, *71*, 1031-1041.
- Anestis, M. D., & **Selby, E. A.** (2015). Grit and perseverance in suicidal behavior and non-suicidal self-injury. *Death Studies*, *39*, 211-218.
- Hames, J., Chiurliza, B., Podlogar, M. C., Anestis, M. D., **Selby, E. A.**, & Joiner, T. E. (2015). Perceived burdensomeness and thwarted belongingness predict excessive reassurance seeking among clinical outpatients. *Journal of Clinical Psychology*, *71*, 597-605.
- Mann, S. L., **Selby E. A.**, Bates, M. E., & Contrada, R. J. (2015). Integrating affective and cognitive correlates of heart rate variability: A structural equation modeling approach. *International Journal of Psychophysiology*, *98*, 76-86.
- Martino, F., Caselli, G., Berardi, D., Fiore, F., Marino, E., Menchetti, M., Prunetti, E., Ruggiero, G. M., Sasdelli, A., **Selby, E.**, & Sassaroli, S. (2015). Anger rumination and aggressive behaviour in borderline personality disorder. *Personality and Mental Health*, *9*, 277-287.
- Selby, E. A.**, Cornelius, T., *Fehling, K., *Kranzler, A., *Panza, E. A., Lavender, J., Wonderlich, S., Crosby, R., Engel, S., Mitchell, J., Crow, S., Peterson, C., & Le Grange, D. (2015). A perfect storm: Examining the synergistic effects of negative and positive emotional

instability on promoting weight loss activities in anorexia nervosa. Frontiers in Psychology, 6, 1260.

Selby, E. A., & Gardner, K. (2015). A latent profile analysis of suicidal and self-injurious behavior, other dysregulated behaviors, and borderline personality disorder symptoms. Journal of Experimental Psychopathology, 6, 356-368.

Selby, E. A., *Kranzler, A., *Fehling, K. B., & *Panza, E. (2015). Nonsuicidal self-injury disorder: The path to diagnostic validity and final obstacles. Clinical Psychology Review, 38, 79-91.

2014

Gardner, K., Dodsworth, J., & **Selby, E. A.** (2014). Borderline personality disorder, rumination and self-injurious behaviour: An empirical test of the emotional cascade model in adult male offenders. Journal of Forensic Psychology Practice, 5, 398-417.

Ribeiro, J. D., Witte, T. K., Van Orden, K. A., **Selby, E. A.**, Gordon, K. H., Bender, T. W., & Joiner, T. E. (2014). Fearlessness about death: The psychometric properties and construct validity of the revision to the acquired capability for suicide scale. Psychological Assessment, 26, 115-126.

Sachs-Ericsson, N., Hames, J. L., Joiner, T. E., Corsentino, E., Rushing, N., Palmer, E., Gotlib, I. H., **Selby, E. A.**, Zarit, S., & Steffens, D. C. (2014). Differences between suicide attempters and non-attempters in depressed older patients: Depression severity, white matter lesions, and cognitive functioning. American Journal of Geriatric Psychiatry, 22, 75-85.

Sachs-Ericsson, N., Moxley, J. H., Corsentino, E., Rushing, N. C., Sheffler, J., **Selby, E. A.**, Gotlib, I., & Steffens, D. C. (2014). Melancholia in later-life: Late and early onset differences in presentation, course and dementia risk. International Journal of Geriatric Psychiatry, 29, 943-951.

Sachs-Ericsson, N., **Selby, E. A.**, Hames, J. L., Joiner, T. E., Fingerman, K. L., Zarit, S. H., Birditt, K. S., & Hilt, L. M. (2014). Transmission of parental neuroticism to offspring's depression: The mediating role of rumination. Personality and Mental Health, 8, 306-319.

Selby, E. A. (2014). Clinician's quick guide to the DSM-5. *Western Schools Continuing Education Series*. Boston, MA: Western Schools Publishing.

Selby, E. A. (2014). Binge eating disorder: Clinical considerations. *Continuing Education Series*. Boston, MA: Western Schools Publishing.

Selby, E. A., *Kranzler, A., & *Panza, E. (2014). The development of emotional cascades in borderline personality disorder. In J. L. Tackett, & C. Sharp (Eds.). *Handbook of Borderline Personality Disorder in Children and Adolescents*. New York: Springer.

Selby, E. A., Nock, M. K., & Kranzler, A. (2014). How does self-injury feel? Examining automatic positive reinforcement in adolescent self-injurers with experience sampling. Psychiatry Research, 215, 417-423.

- Selby, E. A.**, Joiner, T. E., Jr., & Ribeiro, J. D. (2014). Comprehensive theoretical models of suicidal behaviors. In M. K. Nock (Ed.). *Oxford Handbook of Suicide and Self-Injury*. Oxford University Press.
- Selby, E. A.**, Wonderlich, S. A., Crosby, R. D., Engel, S. G., *Panza, E., Mitchell, J. E., Crow, S. J., Peterson, C. B., & le Grange, D. (2014). Nothing tastes as good as thin feels: Low positive emotion differentiation and weight loss activities in anorexia nervosa. *Clinical Psychological Science*, 2, 514-531.
- Selby, E. A.**, & Yen, S. (2014). 6-month trajectory of suicidal ideation in adolescents with borderline personality disorder. *Suicide and Life-Threatening Behavior*, 44, 89-100.
- Shors, T. J., Olson, R. L., Bates, M. E., **Selby, E. A.**, & Alderman, B. L. (2014). Mental and Physical (MAP) Training: A neurogenesis-inspired intervention that enhances health in humans. *Neurobiology of Learning and Memory*, 115, 3-9.
- Wells, T., Vanderlind, W. M., **Selby, E. A.**, & Beevers, C. (2014). Childhood abuse and vulnerability to depression: Cognitive scars in otherwise healthy young adults. *Cognition and Emotion*, 28, 821-833.

2013

- Sachs-Ericsson, N., Corsentino, E., Moxley, J., Hames, J. L., Rushing, N. C., Sawyer, K., Joiner, T., **Selby, E. A.**, Zarit, S., Gotlib, I. H., & Steffens, D. C. (2013). A longitudinal study of differences in late and early onset geriatric depression: Depressive symptoms and psychosocial, cognitive, and neurological functioning. *Aging and Mental Health*, 17, 1-11.
- Selby, E. A.** (2013). Chronic sleep disturbances and borderline personality disorder symptoms. *Journal of Consulting and Clinical Psychology*, 81, 941-947.
- Selby, E. A.**, Franklin, J., *Carson-Wong, A., & Rizvi, S. L. (2013). Emotional Cascades and Self-Injury: Investigating Instability of Rumination and Negative Emotion. *Journal of Clinical Psychology*, 69, 1213-1227.
- Selby, E. A.**, & McHugh, R. K. (2013). Borderline personality disorder symptoms and treatment seeking over the past 12-months: An investigation using the National Comorbidity Survey – Replication (NCS-R). *Journal of Clinical Psychiatry*, 74, 126-128.
- Selby, E. A.**, & Joiner, T. E., Jr. (2013). Emotional cascades as prospective predictors of dysregulated behaviors in borderline personality disorder. *Personality Disorders: Theory, Research, & Treatment*, 4, 168-174.
(Article highlighted in the January 2013 Issue of *Clinician's Research Digest*)
- Selby, E. A.**, Ribeiro, J., & Joiner, T. E. (2013). What dreams may come: Emotional cascades and nightmares in borderline personality disorder. *Dreaming*, 23, 126-144.
- Selby, E. A.**, Yen, S., & Spirito, A. (2013). Time Varying Prediction of Suicidal Ideation in Adolescents: Weekly Ratings over Six Month Follow-Up. *Journal of Clinical Child and Adolescent Psychology*, 42, 481-495.

- *Ward, A., Bender, T. W., Gordon, K. H., Nock, M. K., Joiner, T. E., & **Selby, E. A.** (2013). Post-therapy functional impairment as a treatment outcome measure in non-suicidal self-injury (NSSI) disorder using archival data. Personality and Mental Health, 7, 69-79.
- Yen, S., Weinstock, L., Andover, M., Sheets, E., **Selby, E. A.**, & Spirito, A. (2013). Prospective predictors of adolescent suicidality: Six month post hospitalization follow-up. Psychological Medicine, 43, 983-993.
- *Yu, J., & **Selby, E. A.** (2013). Interpersonal problems and negative affective instability in binge eating. Journal of Social and Clinical Psychology, 32, 465-481.

2012

- Anestis, M. D., Fink, E. L., Bender, T. **Selby, E. A.**, Smith, A., Witte, T., & Joiner, T. E. (2012). Painful and provocative events account for the relationship between negative urgency and suicidality. Personality and Mental Health, 6, 138-146.
- Hames, J. L., **Selby, E. A.**, Werner, J., Bonds, L., & Joiner, T. E. (2012). Recapturing the way history felt: Evaluating the invariance of the factor structure of emotion over two historical epochs. Personality and Individual Differences, 52(5), 652-655.
- Sachs-Ericsson, N., Keel, P. K., Holland, L., **Selby, E. A.**, Verona, E., Cogle, J. R., & Palmer, E. (2012). Parental disorders, childhood abuse, and binge eating in a large community sample. International Journal of Eating Disorders, 45, 316-325.
- Sachs-Ericsson, N., **Selby, E. A.**, Corsentino, E., Collins, N., Sawyer, K., Hames, J., Arce, D., Joiner, T. E., & Steffens, D. C. (2012). Depressed older patients with the atypical features of interpersonal rejection sensitivity and non-vegetative symptoms are similar to younger atypical patients. American Journal of Geriatric Psychiatry, 20, 622-634.
- Selby, E. A.**, Bender, T. W., Gordon, K. H., Nock, M. K., & Joiner, T. E. (2012). Non-suicidal self-injury (NSSI) disorder: A preliminary study. Personality Disorders: Theory, Research, & Treatment, 3, 167-175.
- Selby, E. A.**, Doyle, P., Wonderlich, S., Crosby, R., Engel, S., & Mitchell, J. (2012). Momentary emotion surrounding bulimic behaviors in women with bulimia nervosa and borderline personality disorder. Journal of Psychiatric Research, 46, 1492-1500.
- (Article highlighted in the January 2013 Issue of *Clinician's Research Digest*)

2011

- Anestis, M. D., Bender, T. W., **Selby, E. A.**, Ribeiro, J. D., & Joiner, T. E., Jr. (2011). Sex and emotions in the acquired capability for suicide. Archives of Suicide Research, 15(2), 172-182.
- Braithwaite, S. R., **Selby, E. A.**, & Fincham, F. D. (2011). Forgiveness and relationship satisfaction: Mediating mechanisms. Journal of Family Psychology, 24(4), 551-559.
- Ribeiro, J. D., Bender, T. W., **Selby, E. A.**, Hames, J., & Joiner, T. E. (2011). Development and validation of a brief self-report measure of agitation: The Brief Agitation Measure. Journal of Personality Assessment, 93, 597-604.

Timmons, K. A., **Selby, E. A.**, Lewinsohn, P., & Joiner, T. E., Jr. (2011). Displacement, burdensomeness, and belongingness in youth suicidal behavior. Journal of Clinical Child and Adolescent Psychology, *40*, 807-817.

2010

Anestis, M. D., Fink, E., Smith, A., **Selby, E. A.**, & Joiner, T. E., Jr. (2010). Eating Disorders. In M. Zvolensky, A., Bernstein, & A. Vujanovic (Eds.). *Distress Tolerance: Theory, Research, and Clinical Applications*. New York: Guilford.

Anestis, M. D., **Selby, E. A.**, Crosby, R. D., Wonderlich, S. A., Engel, S. G., & Joiner, T. E. (2010). A comparison of retrospective self-report versus ecological momentary assessment measures of affective lability in the examination of its relationship with bulimic symptomatology. Behaviour Research and Therapy, *48*(7), 607-613.

Fink, E. L., Anestis, M. D., **Selby, E. A.**, & Joiner, T. E. (2010). Negative urgency fully mediates the relationship between alexithymia and dysregulated behaviors. Personality and Mental Health, *4*, 284-293.

Gordon, K. H., **Selby, E. A.**, Anestis, M. D., Bender, T. W., Witte, T. K., Braithwaite, S. R., Van Orden, K. A., Bresin, K., & Joiner, T. E., Jr. (2010). The reinforcing properties of repeated deliberate self-harm. Archives of Suicide Research, *14*, 329-341.

Selby, E. A., Anestis, M. D., Bender, T. W., Ribeiro, J. D., Nock, M. K., Rudd, M. D., Bryan, C. J., Lim, I. C., Baker, M. T., Gutierrez, P. M., & Joiner, T. E., Jr. (2010). Overcoming the fear of lethal injury: Evaluating suicide in the military through the lens of the interpersonal-psychological theory of suicide. Clinical Psychology Review, *30*, 298-307.

Selby, E. A., Bulik, C. M., Thornton, L., Brandt, H. A., Crawford, S., Fichter, M. M., Halmi, K. A., Jacoby, G. E., Johnson, C. L., Jones, I., Kaplan, A. S., Mitchell, J. E., Nutzinger, D. O., Strober, M., Treasure, J., Woodside, D. B., Kaye, W. H., & Joiner, T. E., Jr. (2010). Refining behavioral dysregulation in borderline personality disorder with a sample of women diagnosed with anorexia nervosa. Personality Disorders: Theory, Research, and Treatment, *1*(4), 250-257.

Selby, E. A., *Connell, L. D., & Joiner, T. E., Jr. (2010). The pernicious blend of rumination and fearlessness in non-suicidal self-injury. Cognitive Therapy and Research, *34*(5), 421-428.

Selby, E. A., Smith, A., Bulik, C. M., Olmsted, M. P., Thornton, L., McFarlane, T. L., Berrettini, W. H., Brandt, H. A., Crawford, S., Fichter, M. M., Halmi, K. A., Jacoby, G. E., Johnson, C. L., Jones, I., Kaplan, A. S., Mitchell, J. E., Nutzinger, D. O., Strober, M., Treasure, J., Woodside, D. B., Kaye, W. H., & Joiner, T. E., Jr. (2010). Habitual Starvation and Provocative Behaviors: Two Routes to Extreme Suicidal Behavior in Anorexia Nervosa. Behaviour Research and Therapy, *48*(7), 634-645.

Selby, E. A., *Ward, A. C., & Joiner, T. E., Jr. (2010). Dysregulated eating behaviors in borderline personality disorder: Are rejection sensitivity and emotion dysregulation linking mechanisms? International Journal of Eating Disorders, *43*(7), 667-670.

Van Orden, K. A., Witte, T. K., Cukrowicz, K. C., Braithwaite, S. R., **Selby, E. A.**, & Joiner, T. E., Jr. (2010). The interpersonal theory of suicide. Psychological Review, 117(2), 575-600.

2009

Anestis, M. D., Anestis, J. C., **Selby, E. A.**, & Joiner, T. E. (2009). Anger rumination across forms of aggression. Personality and Individual Differences, 46, 192-196.

Joiner, T. E., Jr., Van Orden, K. A., Witte, T.K., **Selby, E. A.**, Ribiero, J. D., Lewis, R., & Rudd, M. D. (2009). Main predictions of the interpersonal-psychological theory of suicidal behavior: Empirical tests in two samples of young adults. Journal of Abnormal Psychology, 118(3), 634-646.

Selby, E. A., Anestis, M. D., Bender, T. W., & Joiner, T. E. (2009). An exploration of the emotional cascade model in borderline personality disorder. Journal of Abnormal Psychology, 118(2), 375-387.

(Rated the #1 article downloaded from Journal of Abnormal Psychology July-Sept. 2009 - ScienceDirect)

Selby, E. A., & Joiner, T. E., Jr. (2009). Cascades of emotion: The emergence of borderline personality disorder from emotional and behavioral dysregulation. Review of General Psychology, 13(3), 219-229.

(Rated the #3 article downloaded from Review of General Psychology Oct.-Dec. 2009 – ScienceDirect)

Selby, E. A., & Joiner, T. E., Jr. (2009). Ethnic variations in the structure of borderline personality disorder symptomatology. Journal of Psychiatric Research, 43, 115-123.

2008

Selby, E. A., Anestis, M. D., & Joiner, T. E. (2008). Understanding the connection between emotional and behavioral dysregulation: Emotional cascades. Behaviour Research and Therapy, 46(5), 593-611.

Selby, E. A., Braithwaite, S. R., Joiner, T. E., & Fincham, F. D. (2008). Features of borderline personality disorder, childhood emotional invalidation, and dysfunction within current romantic relationships. Journal of Family Psychology, 22(6), 885-893.

Van Orden, K. A., Witte, T. K., **Selby, E. A.**, Bender, T. W., & Joiner, T. E. (2008). Suicidal behavior in youth. In J. R. Z. Abela & B. L. Hankin (Eds.). *Depression in Children and Adolescents: Causes, Treatment, and Prevention*. New York: Guilford.

2007

Anestis, M. D., **Selby, E. A.**, Fink, E., & Joiner, T. E. (2007). The multifaceted role of distress tolerance in dysregulated eating behaviors. International Journal of Eating Disorders, 40, 718-726.

Anestis, M. D., **Selby, E. A.**, & Joiner, T. E. (2007). The role of urgency in maladaptive behaviors. Behaviour Research and Therapy, 45, 3018-3029.

- Joiner, T. E., Sachs-Ericsson, N. J., Wingate, L. R., Brown, J. S., Anestis, M. D., & **Selby, E. A.** (2007). Childhood physical and sexual abuse and lifetime number of suicide attempts: A persistent and theoretically important relationship. *Behaviour Research and Therapy*, 45(3), 539-547.
- Selby, E. A.**, Anestis, M. D., & Joiner, T. E. Jr. (2007). Daydreaming about death: Violent daydreaming as a form of emotion dysregulation in suicidality. *Behavior Modification*, 31(6), 867-879.

PUBLISHED ABSTRACTS

- Alderman, B. L., Olson, R. L., **Selby, E. A.**, Bates, M. E., Buckman, J. F., & Shors, T. J. (2014). Rumination in major depressive disorder is associated with impairments in ERP correlates of inhibitory cognitive control. *Psychophysiology*, 51, S77.

OTHER PUBLICATIONS

- Selby, E. A.** (2009-2014). Overcoming Self-Sabotage: Understanding and Regulating Destructive Behaviors.
- Professional Blog maintained for the magazine *Psychology Today*.
- Selby, E. A.** (2011). Self-Sabotage. Invited cover story for the magazine *Psychology Today*.

INVITED PRESENTATIONS

- Children’s Specialized Hospital, Mountainside, NJ** (May, 2016)
- Yeshiva University, Department of Psychology** (October, 2015).
- New Jersey Center for Tourette Syndrome and Associated Disorders** (September, 2015).
- Princeton University Healthcare System Grand Rounds** (August, 2015).
- Brain and Behavior Research Foundation Global Webinar Series** (July, 2015). – Over 1,000 registered attendees
- National Education Alliance for Borderline Personality Disorder** (March, 2015).
- Families for Borderline Personality Disorder Research and Brain and Behavior Research Foundation Parlor Social Event for Families and Donors** (November, 2014), New York City.
- Nova Southeastern University** (June, 2014), Center for Psychological Services, Ft. Lauderdale, FL
- University of Illinois – Urbana/Champaign** (February, 2014), Psychology Colloquium, Department of Psychology, Champaign, IL
- University of Georgia** (November, 2013), Psychology Colloquium, Department of Psychology, Athens, GA.
- Auburn University** (November, 2013), Psychology Colloquium, Department of Psychology, Auburn, AL.
- International Academy for Suicide Research** (June, 2013), Young Investigator Award Research Presentation, Montréal, Québec, Canada.

- Yale University** (March, 2013), Clinical Psychology Colloquium, Department of Psychology, New Haven, CT.
- University of Colorado at Boulder** (January, 2013), Psychology Colloquium, Department of Psychology, Boulder, CO.
- National Education Alliance for Borderline Personality Disorder** (November, 2012).
- Université Concordia** (December, 2010), Psychology Colloquium, Department of Psychology, Montréal, Québec, Canada.
- University of Nevada – Las Vegas** (December, 2010), Psychology Colloquium, Department of Psychology, Las Vegas, NV.
- Rutgers, The State University of New Jersey** (November, 2010), Psychology Colloquium, Department of Psychology, New Brunswick, NJ.
- Florida State University** (April, 2010), Department of Psychology, Celebration of Graduate Student Research Day, Tallahassee, FL.
- Florida Borderline Personality Disorder Association** (October, 2009), Keynote Address, 2nd Annual Conference, St. Petersburg, FL.
- Neuropsychiatric Research Institute** (June, 2009), Fargo, ND.
- Florida State University** (December, 2006), Department of Sociology, Tallahassee, FL.

CONFERENCE PRESENTATIONS

2016

- *Omar, Y., *Fehling, K., *Panza, E., *Brillante, J., *Kranzler, A., Lindqvist, J., & **Selby, E. A.** (2016, October). Smoking and rumination are longitudinally associated in adolescents and young adults who self-injure. Presentation to be made at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- *Panza, E., *Omar, Y., *Kranzler, A., *Fehling, K. B., *Plascencia, M., *Dodson, S., *Hoyt, K., Lindqvist, J., & **Selby, E. A.** (2016, October). *Examining the relation between interpersonal conflict and disordered eating behaviors among individuals who self-injure*. Presentation to be made at the Association for Behavioral and Cognitive Therapies (ABCT), NYC, NY.
- *Plasencia, M., *Panza, E., *Fehling, K., *Omar, Y., & **Selby, E. A.** (2016, October). *The pros of anorexia in “pro-ana” website users: Does endorsement of positive aspects of anorexia predict symptomatology?* Presentation to be made at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Selby, E. A.**, *Kranzler, A., *Fehling, K., *Brillante, J., Lindqvist, J., & Miller, A. (2016, October). *Ecological momentary assessment study of the emotional features of nonsuicidal self-injury disorder*. Symposium to be presented at the 50th annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

2015

- *Hernandez, M. & **Selby, E.A.** (August, 2015). *Healthcare insurance access and understanding of medical insurance among Rutgers Students*. McNair Summer Annual Research Symposium, New Brunswick, NJ.
- *Kranzler A., *Fehling, K.B., & **Selby E. A.** (2015, November). *An Ecological Momentary Assessment Study of Nonsuicidal Self-injury Among Adolescents and Young Adults*. Symposium paper presented at the 49th Annual Conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- *Kranzler A., *Fehling, K.B., & **Selby E. A.**, (2015, November). *The Role of Positive Emotion in Nonsuicidal Self-Injury*. Symposium paper presented at the 49th Annual Conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

- *Panza, E., *Fehling, K.B., *Hoyt, K., *Dodson, S., *Giles, M., *Dashow, A., & **Selby, E.A.** (2015, November). Does comfort eating work? An empirical examination of the emotional and psychophysiological functions of comfort eating. In Racine SE & Chen E (Chairs), Psychophysiology measurement of transdiagnostic constructs with relevance to eating disorders. Symposium to be presented at the Association for Behavioral and Cognitive Therapies (ABCT) Annual Meeting, Chicago, IL.
- *Panza, E., *Fehling, K.B., *Hoyt, K., *Dodson, S., *Giles, M., *Kranzler, A., *Dashow, A., & **Selby, E.A.** (2015, November). Elevated state rumination after stress increases the negative reinforcement function of food. In Ameral V & Treadway M (Chairs), Innovative translational research on reinforcement processes: Connecting basic lab research to inform clinical interventions. Symposium to be presented at the Association for Behavioral and Cognitive Therapies (ABCT) Annual Meeting, Chicago, IL.

2014

- Anestis, M. D., & **Selby, E. A.** (2014, April). *Lethal pursuit: The importance of persistence in suicidal behavior*. Presentation at the Annual Convention for the American Association of Suicidology, Los Angeles, CA.
- Anestis, M. D., Bryan, C. J., May, A. M., Law, K. C., Hagan, C. R., Khazem, L. R., Magbuhat, A. D., Chu C., Bryan, A. O., Theriault, J., Lotze, N., Smith, H. A., Klonsky, D., **Selby, E. A.**, & Joiner, T. E. (2014, April). *Dangerous words? Examining the impact of detailed reporting about suicide*. Presentation at the Annual Convention for the American Association of Suicidology, Los Angeles, CA.
- *Han, M. & **Selby, E. A.** (2014, May). Grit and distress tolerance in protection from depressive symptoms. Presentation at the Annual Convention for the Association for Psychological Science, San Francisco, CA.
- Selby, E.A.**, Cornelius, T., **Fehling, K.B.**, Kranzler, A., Panza, E., Lavender, J., Wonderlich, S.A., Crosby, R.D., Engel, S.G., Mitchell, J.E., Crow, S.J., Peterson, C.B., Le Grange, D. (2014). *A Perfect Storm: Examining the Synergistic Effects of Negative and Positive Emotional Instability on Promoting Weight Loss Activities and in Anorexia Nervosa*, as part of the Symposium "Positive Emotion and Reward Dysregulation Across Psychopathology: Multimethod Approached and Implications for Treatment," presented at the 48th Annual Conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, November 20-23, 2014.
- Selby, E.A.**, Rizvi, S., Lindqvist, J., Yen, S., Kranzler, A., Panza, E., Fehling, K.B. (2014). *Mobilizing Technology to Enhance CBT: Using Smartphone Delivery Systems for Assessment, Intervention, and Prevention*, symposium presented at the 48th Annual Conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, November 20-23, 2014.
- Selby, E. A.**, Bates, M., Eddie, D., Alderman, B., & Shors, T. (2014, February). *Bringing neuroscience into addiction treatment through behavioral interventions*. Presentation given at the American Psychological Association Collaborative Perspectives on Addiction Conference, Atlanta, GA.

2013

- *Kranzler A., Young J. F., Hankin, B. L., Abela, J. R. Z., Elias, M. J., **Selby, E. A.** (2013, November). *Emotional Awareness: A Transdiagnostic Factor in Anxiety and Depressive Symptoms among Youth?* Invited talk given at the Child and Adolescent Anxiety Special Interest Group meeting at the Association for Behavioral and Cognitive Therapies, Nashville, TN
- Selby, E. A.** (November). *Low positive emotion differentiation and Anorexia*. Presentation at the Annual Convention of the Association for Cognitive and Behavioral Therapies, Nashville, TN.
- Selby, E. A.**, *Panza, E., *Kranzler, A. (2013, June). *Comparing problems in emotion dysregulation in those with self-injury, disordered eating, and comorbid symptoms*. Presentation at the Annual International Society for the Study of Self-Injury Conference in Vancouver, BC, Canada.
- Selby, E.A.**, Wonderlich, S.A., Crosby, R., Engel, S.G., **Panza, E.**, Mitchell, J., Crow, S., Peterson, C.B. Yu, J., Smith, A.R., Rancourt, D. (2013, November). *Low positive emotion differentiation and Anorexia*. Symposium presented at the Association for Behavioral and Cognitive Therapies (ABCT) Annual Meeting, Nashville, TN.

Shors, T. J., Olson, R., **Selby, E. A.**, *Kranzler, A., *Panza, E., Anderson, M., Loiselle, R., Tammineedi, P., Eddie, D., Bates, M., & Alderman, B. (June). *Mind does matter: Using mental and physical skills (MAP) training to enhance brain health and human happiness*. Symposium to be presented at the Mind & Life Institute Summer Research Institute, Garrison, NY.

2012

Selby, E. A. (November). *How does self-injury feel? Data from an adolescent experience sampling study*. Presentation at the Annual Convention of the Association for Cognitive and Behavioral Therapies, National Harbor, MD.

Selby, E. A. (September). *What dreams may come: Emotional cascades and nightmares in borderline personality disorder*. Presentation at the Annual European Association for Behavioral and Cognitive Therapies (EABCT) Conference in Geneva, Switzerland.

Selby, E. A. (August). *Changing emotion dysregulation – A treatment development perspective*. Discussant for a clinical symposium presented at the Annual American Psychological Association Convention in Orlando, Florida.

Selby, E. A. (April). *Using technology to enhance the treatment of borderline personality disorder*. Presentation at the Annual Conference for Enhancing Technology in Clinical Practice in New Brunswick, New Jersey.

2011

Loch, N., Hiller, W., **Selby, E. A.**, & Witthoeft, M. (September). *Intrusions may fuel emotional cascades and subsequent dysregulated behavior*. Presentation given at the Annual European Association for Behavioral and Cognitive Therapies (EABCT) Conference in Reykjavik, Iceland.

Selby, E. A., & Yen, S. (November). *Dynamically assessing suicidal ideation post-hospitalization in high risk adolescents*. Presentation in the Emotion Dysregulation and Suicidality Symposium at the 45th Annual Association for Behavioral and Cognitive Therapies in Toronto, Ontario, Canada.

2009

Selby, E. A., Bender, T. W., Gordon, K. H., & Joiner, T. E. (November). *Non-suicidal Self-Injury (NSSI) Disorder: Separate affliction or subclinical variant of borderline personality disorder?* Paper presented as part of a seminar on New Conceptual and Methodological Approaches to the Study of Self-Injury at the 43rd Annual Association for Behavioral and Cognitive Therapies, New York City, New York.

2007

Gordon, K. H., **Selby, E. A.**, Bender, T. W., Anestis, M. D., Braithwaite, S. R., Witte, T. K. & Joiner, T.E. (November). *The reinforcing properties of non-suicidal self-injurious behavior*. Seminar presentation and discussion at the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.

CONFERENCE POSTERS

2016

*Dodson, S., *Panza, E., *Omar, Y., *Fehling, K., *Kranzler, A., *Brillante, J., *Plasencia, M., Lindqvist, J., & **Selby, E. A.** (2016, October). *Nonsuicidal self-injury disorder vs. borderline personality disorder: Interpersonal functioning and affect*. Poster to be presented at the Association for Behavioral and Cognitive Therapies (ABCT), NYC, NY.

*Fehling, K., *Lim, N., *Brillante, J., *Omar, Y., *Panza, E., *Plasencia, M., & **Selby, E. A.** (2016, October). *"Invisible sexual minority" Heterosexual-identified adults report more mental health problems than exclusively heterosexual adults*. Poster to be presented at the Association for Behavioral and Cognitive Therapies (ABCT), NYC, NY.

*Omar, Y., *Fehling, K., *Panza, E., *Brillante, J., *Kranzler, A., Lindqvist, J., & **Selby, E. A.** (2016, October). *Smoking and rumination are longitudinally associated in adolescents and young adults who self-injure*. Poster to be presented at the Association for Behavioral and Cognitive Therapies (ABCT), NYC, NY.

- *Omar, Y., *Fehling, K., *Panza, E., & Selby, E. A. (2016, May). Sexuality status moderates relations between perceived family support, rumination, and depression severity. Poster presented at the 28th Annual Convention of the Association for Psychological Science, Chicago, IL.
- *Panza, E., *Omar, Y., *Kranzler, A., *Fehling, K. B., *Plascencia, M., **Dodson, S.**, Hoyt, K., Lindqvist, J., & **Selby, E. A.** (2016, October). *Examining the relation between interpersonal conflict and disordered eating behaviors among individuals who self-injure*. Poster to be presented at the Association for Behavioral and Cognitive Therapies (ABCT), NYC, NY.
- *Plascencia, M., *Panza, E., *Fehling, K., *Omar, Y., & **Selby, E. A.** (2016, October). *The Pros of Anorexia in “Pro-Ana” Website Users: Does Endorsement of Positive Aspects of Anorexia Predict Symptomatology?* Poster to be presented at the Association for Behavioral and Cognitive Therapies (ABCT), NYC, NY.

2015

- *Brillante, J., *Fehling, K.B., *Kranzler, A., *Panza, E., **Selby, E.A.** (2015). *The role of rumination in the automatic negative reinforcement function of NSSI*, poster presented at the 49th Annual Conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL, November 12-15, 2015.
- *Fehling, K. B., *Brillante, J., *Kranzler, A., & **Selby, E. A.** (2015). Ecological momentary changes in emotion before and after nonsuicidal self-injury with emotion regulation expectations. Poster presented at the Suicide and Self-Injury Special Interest Group poster exposition of the 49th Annual Conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL, November 12-15, 2015.
- *Fehling, K.B., *Kranzler, A., *Panza, E., **Selby, E.A.** (2015). *Examining the Affective and Physical Experiences Associated with Automatic Positive Reinforcement in Nonsuicidal Self-Injury*, poster presented at the 49th Annual Conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL, November 12-15, 2015.
- *Hoyt, K., *Panza, E., *Fehling, K., *Giles, M., & **Selby, E.A.** (2015). *Self-Reported Emotional Eating and the Comforting Effects of Food*, poster presented at the 27th Association of Psychological Science Annual Convention, New York City, NY, May 21-24, 2015.
- *Panza, E., *Hoyt, K., *Fehling, K.B., *Kranzler, A., *Omar, Y., **Selby, E.A.** (2015). *State rumination influences the negative but not positive emotional reward functions of comfort eating*, poster to be presented at the 49th Annual Conference of the Association for Behavioral and Cognitive Therapies, Chicago, IL, November 12-15, 2015.
- *Panza, E., *Omar, Y., *Hoyt, K., & **Selby, E.A.** (2015). Emotional Non-acceptance as a Predictor of Emotional Reactivity. Poster presented at the Society of Behavioral Medicine (SBM) Annual Meeting, San Antonio, TX.

2014

- *Kranzler, A., *Fehling, K., **Selby, E. A.**, Anestis, M. D. (2014, November). Examining the Relationships Among Emotion Dysregulation, Internalizing Symptoms, and Self-Injurious and Suicidal Behavior. Poster session to be presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Fehling K., *Kranzler, A., **Selby E.A.** (2014, November). An Ecological Momentary Assessment Study of the Emotions Associated With Nonsuicidal Self-Injury Among Adolescents and Young Adults. Poster session to be presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Fehling K., *Kranzler A., *Panza, E., **Selby, E. A.** (2014, November). Preliminary Validation of the Emotional Cascade Assessment Scale for Use in BPD Research. Poster session to be presented at the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Panza, E., *Fehling, K.B., **Selby, E.A.** (2014). *Emotion Regulation Strategy Choices Across Eating Disorders in U.S. Adolescents*, poster presented at the 48th Annual Conference of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA, November 20-23, 2014.

2013

- *Kranzler, A., **Selby, E. A.**, Young, J. F., Hankin, B. L., Abela, J. R. Z. (2013, November). Examining the prospective role of Emotional Awareness as a transdiagnostic factor in adolescent psychopathology. Poster session presented at the Association for Behavioral and Cognitive Therapies, Nashville, TN.
- *Panza, E. Kranzler, A., Ramirez, A., & **Selby, E.A.** (2013). Limited Access to Emotion Regulation Strategies: A Predictor of Emotional Reactivity? Poster presentation at the American Psychological Association (APA) Conference, Honolulu, HA. August, 2013.
- *Panza, E., *Kranzler, A., Ramirez, A., & **Selby, E. A.** (November). Emotional clarity as a predictor of emotional reactivity. Poster to be presented at the 47th Annual Association for Behavioral and Cognitive Therapies, Nashville, Tennessee.
- *Kranzler, A., *Panza, E., Nock, M. K., & **Selby, E. A.** (August). The role of adaptive coping strategies in adolescent non-suicidal self-injury. Poster to be presented at the Annual American Psychological Association Conference, Honolulu, Hawaii.

2011

- Selby, E. A.**, & Yen, S. (March). *Longitudinal Predictors of Suicidal Ideation in Adolescent Suicide Attempters*. Poster presented at the 14th Annual Research Symposium on Mental Health Sciences, Brown University – Department of Psychiatry and Human Behavior, Providence, Rhode Island.

2010

- Braithwaite, S. R., **Selby, E. A.**, & Fincham, F. (November). *Forgiveness and relationship satisfaction: Mediating mechanisms*. Poster presented at the 44th Annual Association for Behavioral and Cognitive Therapies, San Francisco, California.
- Selby, E. A.**, Smith, A. S., Bulik, C., Thornton, L., & Joiner, T. E. (November). *Habitual starvation and provocative behaviors: Two potential routes to extreme suicidal behavior in anorexia nervosa*. Poster presented at the 44th Annual Association for Behavioral and Cognitive Therapies, San Francisco, California.

2008

- Selby, E. A.**, Anestis, M. D., Bender, T. W., & Joiner, T.E. (November). *Emotional cascades and borderline personality disorder*. Poster presented at the 42nd Annual Association for Behavioral and Cognitive Therapies, Orlando, Florida.

2007

- Selby, E. A.**, Anestis, M. D., Bender, T. W., & Joiner, T. E. (November). *Daydreaming about death: Violent daydreaming as a form of emotion dysregulation in suicidality*. Poster presented at the 41st Annual Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.

2006

- Anestis, M. D., **Selby, E. A.**, & Joiner, T. E. (November). *The role of urgency in behavioral dysregulation*. Poster presented at the 40th Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.
- Anestis, M. D., **Selby, E. A.**, & Joiner, T. E. (November). *Urgency as a risk factor in bulimia nervosa despite the use of positive reappraisal*. Poster presented at the 40th Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.
- Selby, E. A.**, Anestis, M. D., Bender, T. W. & Joiner, T. E. (November). *Burdensomeness and belongingness mediate the relationship between depression and hopelessness*. Poster presented at the 40th Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.
- Selby, E. A.**, Anestis, M. D., & Joiner, T. E. (November). *An emotion dysregulation model of bulimia nervosa*. Poster presented at the 40th Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

2004

- Selby, E. A.** & Scott, W. D. (November). *Individuals With a History of Syndromal Depression: Affect Repair and Rumination*. Poster presented at the 38th Annual Convention for the Association for the Advancement of Behavior Therapy, New Orleans, Louisiana.

EDITORIAL ACTIVITIES

Consulting Editor:

Journal of Abnormal Psychology 2015-present

Journal of Clinical Child and Adolescent Psychology 2013-present

Ad Hoc Reviewer: Approximately 4-5 papers reviewed monthly

Bipolar Disorders – An International Journal of Psychiatry and Neurosciences, 2010-present

British Journal of Clinical Psychology, 2013-2014

British Journal of Psychiatry, 2014-present

Clinical Psychological Science, 2014-present

Clinical Psychology Review, 2015-present

Cognitive Therapy and Research, 2010-present

Comprehensive Psychiatry, 2011-2015

Counseling Psychology Quarterly, 2016-present

Emotion, 2015-present

European Eating Disorders Review, 2015-present

JAMA Psychiatry, 2013-present

Journal of Abnormal Psychology, 2008-present

Journal of Child Psychology and Psychiatry, 2015-present

Journal of Clinical Psychology, 2009-present

Journal of Clinical Child and Adolescent Psychology, 2011-present

Journal of Comprehensive Psychiatry, 2011-present

Journal of Consulting and Clinical Psychology, 2009-present

Journal of Social and Clinical Psychology, 2009-present

Journal of Personality, 2013-present

Journal of Personality Disorders, 2013-present

Journal of Psychiatric Research, 2012-present

Personality and Individual Differences, 2009-present

Personality Disorders: Theory, Research, and Treatment, 2010-present

PLoS One: 2016

Psychiatry Research, 2011-present

Psychological Assessment, 2014-present

Psychology and Psychotherapy: Theory, Research, and Practice, 2010

Sage Open, 2014

Suicide and Life-Threatening Behavior, 2012-present

Book Publisher Reviewing

Oxford University Press

Wiley Press

Pearson Humanities, Social Sciences, and Languages

Grant Reviewing

Israel Science Foundation (2015)

The Wellcome Trust, Ad Hoc Grant Reviewer (2014)

British Academy Leverhulme Research Grant Program (2014)

PROFESSIONAL SOCIETY MEMBERSHIP

Association for Psychological Science, 2013-present

Association for Behavioral and Cognitive Therapies (ABCT), 2004-present

American Psychological Association (APA) Division 12 – Society for Clinical Psychology, 2012-2013

TEACHING EXPERIENCE

Rutgers University

Fall 2011-2014, Fall 2016: **Adult Psychopathology** for Graduate Students (N=5-7)

Average Effectiveness Rating (1 [low] – 5 [high]) = 4.8

Spring 2012, 2013; Fall 2014; Spring/Fall 2016: **Abnormal Psychology** for Undergraduate Students (N=120-400+)

Average Effectiveness Rating (1 [low] – 5 [high]) = 4.5

Fall 2013, Spring 2017: **Applied Latent Variable Analysis and Hierarchical Linear Modeling** for Graduate Students (N=16)

Average Effectiveness Rating (1 [low] – 5 [high]) = 4.4

Florida State University

August 2006 – August 2008: **Conditioning and Learning Lab**; 25-30 students/section

Average Effectiveness Rating (1 [low] – 5 [high]) = 4.8

August 2008 – December 2008: **Research Methods Lab**; 25-30 students

Average Effectiveness Rating (1 [low] – 5 [high]) = 4.6

STUDENT MENTORING AND ADVISING

Rutgers University Graduate Students Mentored:

*indicates served as primary mentor

*Allison Borges – 2016 – present

Neela Karikhalli – 2015 – present

Aishah Manuel – 2015 – present

Maribel Plascencia – 2015 – present

*Yasmine Omar 2015 – present

APAGS Graduate Student Dissertation Research Award – 2016

Julia Brillante – 2014 – present

*Kara Fehling 2013 – present

NJ Psychological Association Research Award – 2014

*Emily Panza 2012 – present

*Amy Kranzler 2011 – present

ABCT Student Travel Award – 2015

APA Dissertation Research Award – 2014

Rutgers Bevier Dissertation Fellowship Award – 2014

Elsie Ramos Memorial Student Research Award – 2013

ABCT Child and Adolescent Anxiety SIG Invited Talk Award – 2013

Jessica Yu 2011 – 2015

Rutgers University Undergraduate Students Mentored (N=38): Samira Dodson (2015-present), Bharav Patel (2015-), Margot Rejaud (2015-; Independent Research Project), Rana Sebak (2015-), Shadia Ahmed (2015-), Allison Dashow (2015-), Megan Prince (2015-), Shabnam Hossein (2015-), Jessica Thompson (2014-2015; Independent Research Project), Nathania Lim (2014-2015), LaNee Isom (2014-2015), Madelin Hernandez Pichardo (2014-present; McNair Scholar), Megan Giles (2014-2015), Brian Habel (2014-2015), Hailey Bourgeau (2014-2015), James Silverstein (2014-2015), Kelly Hoyt 2013-2015, Keely Johnson (2013-2014), Tamara Ortega (2013-2014), Maria Han (Project L/EARN – 2013, 2014), Diane Lee (2013-2014; Rutgers Abela Award for Excellence in Research in Clinical Psychology), Autumn Harnish (2013-2014), Kaye Ramirez (2013-2014), Niru Natarajan (2013 – 2014), Arsalan Shawl (2013 –2015), Allie Brereton (2012 – 2014; Honors Thesis), Samantha Arguetta (2012-2014; Independent Project), Jessica Tennenbaum (2011 – 2013), Alex Young (2012 – 2013), Jamie Parkin (2012 – 2013), Haroon Malik (2012 – 2013), Marko Lamela (2012 – 2013), Christopher Kurzum (2012-2013, post-bac), Carmen Falisi (2012-2013), Anastasia Galanos (2012; Independent Research Project), Joshua Jussim (2012), Michael Zurov (2012), Rommel Montilus (2012 – 2013), Dania Goodin (2011 – 2012), Andres Ramirez (Project RISE – 2012), Walter Fortson (Project L/EARN – 2012 – 2013)

Florida State University Undergraduate Students Mentored:

Anne Ward (2009) – Honors Thesis, awarded *Florida State University Undergraduate Research and Creativity Award, Honors in the Major*, Lovanna Connell (2009)

SERVICE

International Service

World Congress of Behavioral and Cognitive Therapies – Conference Content Reviewer, 2013
Monash University, Melbourne, Australia – Dissertation Committee for Sarah A. Mitchell, DPsych, 2015

Monash University, Melbourne, Australia – Dissertation Committee for David T. Voon, DPsych, 2014

National Service

Military Suicide Research Consortium, Member, 2016-present

Association for Behavioral and Cognitive Therapies – Conference Content Reviewer, 2013-2016

National Institute of Health Predoctoral F31 Consulting Mentor, Stephanie Manassee, Drexel University

Ph.D. Dissertation Committee, Stephanie Manassee – 2015, Drexel University

Rutgers University Service

Project L/EARN Disadvantaged Student Mentor 2012, 2013, 2016

McNair Program Mentor, 2015-2016

Biomedical Research Advisory and Busch Biomedical Grant Review Committee, 2014-2017

Project RISE Disadvantaged Student Mentor, 2012

Warwick Valley High School Science Research Program Mentor (Mika Leonard), 2014-2016

Rutgers Psychology Department Service

Psychology Department Executive Council, Clinical Area Representative, Starting Fall 2016

Psychology Department Space Committee, 2016-present

Faculty Director, Undergraduate Abnormal Psychology Labs, 2014 - present

Rutgers Clinical Psychology Alumni Networking Task Force – Chair, 2013

Psychology Club and Psi Chi Committee, Chair, 2012-present

Cognitive Behavioral Therapy Curriculum Committee, 2012

Psi Chi and Psych Society Faculty Advisor, 2012 – present

Faculty Search Committee, 2012

Faculty Search Committee, 2011

Diversity Committee, 2011-2013

Statistics Committee, 2011

Rutgers University – Ph.D. Graduate Student Dissertation Committees

Alex Redcay – 2016, School of Social Work

Yasmine Omar – 2015, Chair

Amy Kranzler – 2015, Chair

Kiara Wesley – 2015

Amanda Carson-Wong – 2015

Jessica Yu - 2015

Kristin Bold – 2014

Dominic Mocerì – 2012

Rutgers University – Psy.D. Graduate Student Dissertation Committees

Pedro Viera Oliveira – 2016

Lauren Steffel – 2012

Rutgers University – Masters Committees

Kara Fehling – 2016, Chair

Christopher Hughes – 2015

Emily Panza – 2015, Chair
Danielle Ryan – 2014
Christopher Wyszynski – 2014
Sarah Mann – 2013
Jessica Yu - 2013
Amy Kranzler – 2013 – Chair
Amanda Carson-Wong – 2013

Rutgers University – Graduate Student Doctoral Qualifying Exams Committees

Deena Peyser – 2016
Carolyn Spirio – 2016
Bruno Sauce – 2016
Emily Panza – 2015, Chair
Yasmine Omar – 2015, Chair
Caroline Haimm - 2015
Amy Kranzler – 2014, Chair
Gwyne White - 2013
Krysten Bold - 2012
Lauren Pepa – 2012
Dominic Mocerì – 2011

CLINICAL EXPERIENCE

July 2010 – June 2011: *Psychology Resident*, **Brown University – Warren Alpert Medical School**, Clinical Psychology Internship Training Consortium.

Rotations:

Substance Abuse Treatment Program, Providence Veterans Affairs Medical Center
Returning Veterans OIE/OEF Outpatient Sub-rotation
Women’s Partial Hospitalization Program, Butler Hospital
Psychiatric Emergency Room Sub-rotation
Sleep and Anxiety Disorders Center, Rhode Island Hospital
Pulmonary Sleep Medicine Clinic Sub-rotation
Pediatric Sleep Disorders Clinic Sub-rotation

July 2008 – June 2010: **Crisis Management Unit**, Florida State University. On-call crisis intervention and evaluation for individuals experiencing suicidal, homicidal and psychotic symptoms.

August 2006 – August 2008: *Psychological Trainee*, **FSU Psychology Clinic**, Tallahassee, FL. Outpatient therapy and assessment for adults and children with a wide range of psychological disorders.

June 2007 – August 2008: *Psychology Intern*, **Eastside Psychiatric Hospital, Apalachee Center**, Tallahassee, Florida. Individual and group inpatient psychiatry service provision.

June 2007 – August 2008: *Psychology Intern*, **Crisis Stabilization Unit, Apalachee Center**, Tallahassee, Florida. Individual and group inpatient psychiatry service provision.

June 2007 – October 2007: *Psychology Intern*, **Forensic Rehabilitation Wing, Apalachee Center**, Tallahassee, Florida. Individual and group inpatient psychiatry service provision.

August 2006 – August 2007: Psychological Trainee, **Jackson Juvenile Offender Correction Center (JJOCC)**, Specialized Treatment Program. State of Florida Department of Juvenile Justice, Marianna, Florida. Individual, group, and assessment services.

August 2006 – August 2007: Psychological Trainee, **Arthur G. Dozier School for Boys**, Specialized Treatment Program. State of Florida Department of Juvenile Justice, Marianna, Florida. Individual service provision.

MEDIA COVERAGE

2015

Rutgers Today: <http://news.rutgers.edu/research-news/self-injury-raising-profile-dangerous-behavior/20151029#.VjNyBIS1h6I>

CBC News: <http://www.cbc.ca/news/health/pro-anorexia-bulimia-communities-thriving-online-1.2956149>

Global News Canada Television Interview: <http://globalnews.ca/video/1849330/eating-disorder-communities-thriving-online/>

Huffington Post: http://www.huffingtonpost.com/2015/02/27/eating-disorder-myths-debunked_n_6736740.html?1425066859

2014

Huffington Post: http://www.huffingtonpost.com/2014/08/07/anorexia-patients-hard-to-treat_n_5655313.html

US News and World Report: <http://health.usnews.com/health-news/articles/2014/08/06/pride-over-weight-loss-may-help-drive-anorexia>

New York Magazine: <http://nymag.com/scienceofus/2014/08/anorexias-positive-emotions-bring-challenges.html>

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