# Healthy Aging - Strategic Plan

Workgroup Co-Leads: Olga Jarrín Montaner and Jessica Israel

#### Mission:

To ignite interdisciplinary and translational aging research initiatives, contribute to interprofessional geriatrics education, and enhance the quality of person-centered care

#### **Vision Statement:**

<u>Connect</u> the disconnected, <u>Integrate</u> knowledge, <u>Transcend</u> traditional boundaries, and <u>Extend</u> opportunities to others through education and dissemination

### **Research Priorities:**

~Connect, Integrate, Transcend, and Extend~

- Biology of aging & age-related diseases including Alzheimer's disease and other dementias, Behavioral and mental health issues associated with aging & age-related diseases
- Health services research & policy approaches to improve access to care & outcomes of care
- Ethnogeriatric and equity-informed approaches to care for racial/ethnic/gender minorities

## **Opportunities for Future Collaborations:**

~Connect, Integrate, Transcend, and Extend~

A critical mass of interdisciplinary researchers, clinicians, and educators at Rutgers are working in areas of: Alzheimer's Disease and Dementia; HIV and Aging; Mobility and Rehabilitation (including falls prevention and post-stroke therapies); Nutrition and Oral Health; Osteoporosis and Bone Health; Palliative and End-of-Life Care; Primary/Preventive Care and Payment Models

### **Next Steps:**

~Connect, Integrate, Transcend, and Extend~

- 1. Outreach to experts in policy, advocacy, and law from Newark and Camden campuses
- 2. Outreach to experts in state government and department of health
- 3. Host monthly center meetings with longer format including: time for networking and fellowship; featured speaker (rotating topic); and mock-review session (papers and grants)
- 4. Build community through social activities and community service (after work social; seasonal outdoor activities; community outreach/education/service events)
- 5. Build shared history of funding, publication, conference symposia, colloquia/gero-seminar

### **Metrics for Success:**

~Connect, Integrate, Transcend, and Extend~

- Participation in meetings and scholarly events
- Participation in social events and community service/outreach/education
- Web site traffic, social media engagement
- Selection for Capital Campaign & Endowments
- Participation in Rutgers Giving Day
- Grant funding, especially to multidisciplinary teams
- Publications, especially by multidisciplinary teams
- Professional advancement, promotions, and awards to center members
- Recruitment of faculty