

COVID-19 VACCINES

What You Need to Know | April 2021

What's in a COVID-19 vaccine?

There are different vaccines available, all help teach our body to protect itself from COVID-19. Vaccines introduce parts of the coronavirus to our body in a safe way. Our body doesn't recognize these parts, so it prepares an immune response against them. Our body remembers this response later, so that if we are ever exposed to the virus, we can fight if off quickly. You can't get COVID-19 from the vaccine.

Should you seek advice from your doctor?

You should seek advice from your doctor about the vaccine, if you:

- Have allergies
- Have a fever
- Have a bleeding disorder or are on a blood thinner
- Are immunocompromised
- Are pregnant or plan to become pregnant

- Are breastfeeding
- Have received another COVID-19 vaccine
- Have a severe reaction to the first dose, it may not be recommended to get the second one

If you don't have a doctor, visit bit.ly/3bX8Xqh to find a local health center













Have more questions about how COVID-19 vaccines work? Contact 848-932-5862 or community@ifh.rutgers.edu.