



# RUTGERS

Institute for Health, Health Care  
Policy and Aging Research

## Help us understand how lifestyle affects cognition in MS

Seeking adults 50 years old or older with multiple sclerosis (MS)

### THIS STUDY MAY BE A GOOD FIT FOR YOU IF:

- You have a diagnosis of multiple sclerosis (MS) and no other neurological conditions
- You are 50 years old or older
- You have not had a MS relapse within the past month

### IF YOU DECIDED TO VOLUNTEER FOR THIS STUDY:

- You will be asked to complete an annual 3-hour long assessment about your cognition and health for up to 5 years
- You will be asked to complete a 5-minute phone check-in every 3 months
- You will be compensated with \$50 for each annual in-person visit
- You will be reimbursed for any parking expenses

### WHERE WILL THE RESEARCH TAKE PLACE?

- Clinical Academic Building, 125 Paterson St, New Brunswick, NJ 08901

To learn how to participate, please  
email [neuro-psych@ifh.rutgers.edu](mailto:neuro-psych@ifh.rutgers.edu) or call (848) 209-0065

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