



# RUTGERS

Institute for Health, Health Care  
Policy and Aging Research

## Help us understand post-COVID fatigue!

### Seeking adults with persistent fatigue after COVID-19 infection and healthy adults without chronic fatigue

#### THIS STUDY MAY BE A GOOD FIT FOR YOU IF:

- **For those with COVID-related fatigue:** You had COVID-19 at least 3 months ago but you still experience persistent fatigue (e.g., feeling of extreme exhaustion)
- **For healthy individuals:** You do not have chronic fatigue or any persistent symptoms as a result of COVID-19
- You do not have any medical or psychiatric conditions that can cause fatigue

#### IF YOU DECIDED TO VOLUNTEER FOR THIS STUDY:

- You will visit the Rutgers Neuropsychology Laboratory for a 3-hour visit
- You will wear a wrist-worn device and answer brief questions/tasks (~3-5 minutes) 3-6 times per day in your own home for 2 weeks
- You may incur parking expenses, for which you will be reimbursed
- You will be compensated with up to \$50 for your time
- You will receive the results of your cognitive assessment and a summary of your overall fatigue patterns during the 2-week monitoring period

#### WHERE WILL THE RESEARCH TAKE PLACE?

- Clinical Academic Building (CAB), Robert Wood Johnson Medical School (RWJMS), 125 Paterson St., New Brunswick, NJ 08901
- Your home



To learn how to participate, please email

[neuro-psych@ifh.rutgers.edu](mailto:neuro-psych@ifh.rutgers.edu)

or call (848) 209-0065.

Scan the QR code to view a short video!

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APPROVED

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